

VIDYASAGAR UNIVERSITY



Curriculum for 3-Year B.A. (General) in EDUCATION

Under Choice Based Credit System (CBCS)
w.e.f 2018-2019

VIDYASAGAR UNIVERSITY
B A (General) in Education
[Choice Based Credit System]

Year	Semester	Course Type	Course Code	Course Title	Credit	L-T-P	Marks			
							CA	ESE	TOTAL	
1	I			SEMESTER-I						
		Core-1 (DSC-1A)		Principles of Education	6	5-1-0	15	60	75	
		Core-2 (DSC-2A)		Other Discipline(Discipline-2)/TBD	6		15	60	75	
		AECC-1 (Core)		English-I	6	5-1-0	15	60	75	
		AECC-1 (Elective)		English/MIL	2	1-1-0	10	40	50	
				Semester - I : Total	20					275
					SEMESTER-II					
		II	Core-3 (DSC-1B)		Educational Psychology	6	5-1-0	15	60	75
			Core-4 (DSC-2B)		Other Discipline(Discipline-2)/TBD	6		15	60	75
			AECC-2 (Core)		MIL-I	6	5-1-0	15	60	75
			AECC-2 (Elective)		Environmental Studies	4		20	80	100
					Semester - 2 : Total	22				325

Year	Semester	Course Type	Course Code	Course Title	Credit	L-T-P	Marks		
							CA	ESE	TOTAL
2	III			SEMESTER-III					
		Core-5 (DSC-1C)		Educational Sociology	6	5-1-0	15	60	75
		Core-6 (DSC-2C)		Other Discipline(Discipline-2)/TBD	6		15	60	75
		AECC-3 (Core)		English-II	6	5-1-0	15	60	75
		SEC-1		SEC-1: Measurement and Evaluation in Education Or SEC-1: Value Education	2	1-1-0	10	40	50
				Semester - 3 : Total	20				275
					SEMESTER-IV				
	IV	Core-7 (DSC-1D)		History of Education in India	6	5-1-0	15	60	75
		Core-8 (DSC-2D)		Other Discipline(Discipline-2)/TBD	6		15	60	75
		AECC-4 (Core)		MIL-II	6	5-1-0	15	60	75
		SEC-2		SEC-2 : Educational Guidance and Counseling Or SEC-2: Computer Application in Education	2	1-1-0	10	40	50
				Semester - 4 : Total	20				275

Year	Semester	Course Type	Course Code	Course Title	Credit	L-T-P	Marks			
							CA	ESE	TOTAL	
3	V			SEMESTER-V						
		DSE-1A		Any one from Discipline -1	6	5-1-0	15	60	75	
		DSE-2A		Other Discipline(Discipline-2) / TBD	6	5-1-0	15	60	75	
		GE-1		TBD	6		15	60	75	
		SEC-3		SEC-3: Yoga Education Or SEC-3: Distance Education	2	1-1-0	10	40	50	
				Semester - 5 : Total	20				275	
					SEMESTER-VI					
		VI	DSE-1B		Any one from Discipline -1	6	5-1-0	15	60	75
			DSE-2B		Other Discipline (Discipline -2) / TBD	6	5-1-0	15	60	75
			GE-2		TBD	6		15	60	75
			SEC-4		SEC-4: Education of Children with Special Needs Or SEC-4: Mental Health Education	2	1-1-0	10	40	50
					Semester - 6 : Total	20				275
					Total in all semester:	122				1700

CC = Core Course , AECC = Ability Enhancement Compulsory Course , GE = Generic Elective , SEC = Skill Enhancement Course , DSE = Discipline Specific Elective , CA= Continuous Assessment , ESE= End Semester Examination , TBD=To be decided , CT = Core Theory, CP=Core Practical , L = Lecture, T = Tutorial ,P = Practical , MIL = Modern Indian Language , ENVS = Environmental Studies ,

List of Core and Electives

Core Course (CC)

- DSC-1A(CC-1): Principles of Education**
DSC-2A(CC-2): Educational Psychology
DSC-3A(CC-3): Educational Sociology
DSC-4A(CC-4): History of Education in India

Discipline Specific Electives (DSE)

- DSE-1A: Great Educator**
Or
DSE-1A : Women Education
Or
DSE-1A: Educational Technology
DSE-1B: Inclusive Education
Or
DSE-1B: Guidance and Counseling
Or
DSE-1B: Project work

Skill Enhancement Course (SEC)

- SEC-1: Measurement and Evaluation in Education**
Or
SEC-1: Value Education
SEC-2 : Educational Guidance and Counseling
Or
SEC-2: Computer Application in Education
SEC-3: Yoga Education
Or
SEC-3: Distance Education
SEC-4: Education of Children with Special Needs
Or
SEC-4: Mental Health Education

Generic Elective(GE)

[Interdisciplinary for other department]

- GE-1 : Mental Health and Hygiene**
Or
GE-1: Current Issues in Indian Education
GE-2: Environmental Education
Or
GE-2: Introduction to Distance Education

Core Course (CC)

DSC-1A(CC-1): Principles of Education

Credits 06

DSC1AT: Principles of Education

Course Contents:

Unit –I:

- Education: Meaning, Nature and Scope.
- Functions of Education
- Factors of Education.
- Aims of Education: Individualistic and Socialistic.

Unit –II:

- Meaning of Curriculum.
- Types of curriculum.
- Principles of curriculum construction.
- Co – curricular activities.

Unit –III:

- Child Centric Education: Meaning and Characteristics.
- Aims of modern child centric education.
- Child Centricism in Education: its significance.
- Play and play-way in education: Kindergarten, Montessori, Basic education and Project method.

UNIT –IV:

- Freedom and Discipline: Concepts.
- Needs of discipline.
- Concept of Free discipline.
- Concept of Self-discipline.
- Application of Discipline in Educational Institution.

Suggested Readings:

1. Gutek, Gerald L.(2009).New Perspectives on Philosophy and Education. NewJersy,USA:pearson.
2. V.R. Taneja: Educational Thoughts & Practice. Sterling Publication Pvt. Ltd. New Delhi.
3. Ozman, Howard A.,& Craver, Samuel M. Philosophical Foundation of Education. Boston, USA: Ally &Bacon.
4. Wingo. G. Max. Philosophies of Education New Delhi: Sterling Publishers.

DSC-2A(CC-2): Educational Psychology

Credits 06

DSC2AT: Educational Psychology

Course Contents:



Unit –I:

- Educational Psychology: Meaning, Nature and Scope
- Relation between Education and Psychology.
- Methods of Educational Psychology.

Unit –II:

- Growth and Development: Meaning and Concepts.
- Stages of Development of a Child: Infancy, Childhood and Adolescence.
- Aspects of Child Development : Physical, Intellectual, Emotional, Social

Unit –III:

- Personality: Concept and definition.
- Development of Personality.
- Types and Traits Approaches to Personality.
- Individual Differences: Concepts and Types.
- Causes of Individual Differences.

Unit –IV:

- Intelligence: Concept and Definition.
- Theories of intelligence: Two-factor, Group-factors and Structure of Intellect.
- Intelligence Test: Verbal, Non-verbal test and their uses.

Unit –V:

- Learning: Meaning & Nature.
- Factors associated with learning.
- Theories of Learning: Trial & Error, Classical conditioning and Gestalt theory of learning.
- Learning relation to; Attention, Interest, Maturation and Motivation.

Suggested Readings:

1. Bigge, M.L. Psychological Foundations of Education. Harper and Row, New York.
2. Chauhan, S.S. Advanced Educational Psychology. Vikash Publishing House, New Delhi.
3. Choube, S.P. & Choube. Educational Psychology and Experiments. Himalay Publishing House, New Delhi.
4. Mangal S.K . Advance Educational Psychology. Presentice Hall of India, New Delhi.
5. Mathur, S.S. Educational Psychology. BinodPustakMandir, Agra.
6. Woolfolk, A.E. . Educational Psychology. Sterling Kinderslay (India) Pvt. Ltd.

DSC-3A(CC-3): Educational Sociology**Credits 06****DSC3AT: Educational Sociology****Course Contents:****Unit –I:**

- Education Sociology: Meaning, Nature and Scope.



- Relation between Sociology and Education.
- Education-as a social sub-system.

Unit –II:

- Social Change: Concept and nature.
- Factors and problems of social change in India.
- Social stratification: Meaning and Types.

Unit –III:

- Socialization: Meaning, process and factors of socialization.
- Social Control: Meaning and types of Social control, Agencies of Social Control.

Unit –IV:

- Social Agencies of Education and their educative role:
- Family.
- School.
- State.
- Mass media.

Suggested Readings:

1. Shukla, S&K Kumar Sociological perspective in Education, New Delhi, Chanakya Publications,
2. Bhattacharjee, Srinvas Philosophical & Sociological Foundation of Education, Herald book service
3. Saxena, N.R Philosophical & Sociological Foundation of Education, R. Lal book Depot., Meerut,
4. Sharma , S.N Philosophical & Sociological Foundation of Education, Herald book service, Faridabad,
5. Sodhi, T.S &Suri Aruna Philosophical& Sociological foundations of education, H.P Bhargav Book house, Agra

DSC-4A(CC-4): History of Education in India

Credits 06

DSC4AT: History of Education in India

Contents:

Unit –I:

- Missionary educational activities in India: Characteristics and significance.
- Serampore Mission: Contributions of the Trio to Education.
- Charter Act of 1813.
- Macaulay’s Minute.
- Adam’s Report and its recommendations.
- Woods Despatch (1854).

Unit –II:

- Indian Education commission -1882.
- Indian University Commission (1902).
- National Education Movement.

Unit –III:

- Sadler Commission -1917
- Hartog Committee Report.
- Wardha Scheme.
- The Sargent Plan (1944).

Unit –IV:

- Radhakrishnan Commission-1948, with special reference to rural university.
- Mudaliar Commission (1952-53): Reports and Recommendations.
- Kothari Commission (1964-66): Reports and Recommendations.
- National Education Policy 1986 and Revised Educational Policy of 1992.

Suggested Readings:

1. Basu, A.N. Education in Modern India
2. Banerjee, J.P. Education in India-Past, Present and Future
3. Mukherjee, S.N. Education in India, Today and Tomorrow
4. Mukherjee, S.N. History of Education (Modern Period)
5. Nurullah, S, Naik J.P. History of Education in India
6. Rawat, P.L. History of Indian Education

Discipline Specific Electives (DSE)

DSE-1A: Great Educators**Credits 06****DSE1AT: Great Educators****Course Contents:****Unit –I:**

- Swami Vivekananda (1863-1902).
- Sri Aurobindo (1872-1950).

Unit –II:

- Rabindranath Tagore (1861-1941).
- Mahatma Gandhi (1869-1948).

Unit –III:

- Jean Jacques Rousseau (1712-1778).
- F.W. August Froebel (1782-1852).

Unit –IV:

- John Dewey (1859-1952).
- Madam Maria Montessori (1870-1952).

Suggested Readings:

1. Mukherjee, K.K., Some Great Educators of the world, Das Gupta & Co.pvt. Ltd, Calcuta
2. Purkait, B.K., Great Educators, New Central Book Agency, London

3. Guha, Bibhuranjan, Shikshay Pathikrit (Bengali), Sobha Publisher, Kolkata.
4. Prof.B.C Rai, Theory of Education, Prakasan Kendra, Lakhnow.
5. Vidya Ratna Taneja, Educational Thought and practice, Sterling Publishers Pvt.Ltd.

Or

DSE-1A : Women Education

Credits 06

DSE1AT : Women Education

Course Contents:

Unit –I:

- Women Education: Meaning and Concept.
- Problems of Women Education.

Unit –II:

- Literacy percentage of women.
- Existing prejudices against women education.
- Needs & Scope of Education for girls.

Unit –III:

- Role of Iswarchandra Vidyasagar, Mahatma Gandhi, and Rabindranath Tagore for Women Education.

Unit –IV:

- Women Education as recommended by different commissions in Independent India.
- Measures taken by the Government for Women Education.
- Role of NGO's for Women Education.

Suggested Readings:

1. Bagal, J.C, Women's Education in Eastern India.
2. Mukherjee, S.N.: Education in India. Today and Tomorrow.
3. Report of the Commission on the Status of Women in India, December 1974. Government of India, Ministry of Education and Social Welfare, Department of Social Welfare, New Delhi.
4. Newson, J.The Education of Girls, Faber and Faber Ltd, London.
5. Mitra, Ashok. The Status of Women, Literacy and Employment, Allied Publishers, New Delhi,

OR

DSE-1A: Educational Technology

Credits 06

DSE1AT: Educational Technology

Course Contents:

Unit –I:

- Educational Technology: Concept and Meaning.



- Educational Technology: Nature, Scope, Needs and Limitations.
- Components of Educational Technology-Hardware & Software.

Unit –II:

- System approach: Concept and Characteristics.
- Uses and limitation of system approach.

Unit –III:

- Communication: Meaning, Nature, Types and Process.
- Barriers of Communication.
- Significance of Communication.

Unit –IV:

- Multimedia approach in educational technology.
- Visual, audio and audio-visual types and their uses in education.
- Computer and its role in education.

Suggested Readings:

1. J.Mohanty , Educational Technology
2. K.Sampath, Instruction to educational Technology
3. R.A.Sharma, Technology of Teaching
4. B.F.Skinner, The Technology of Teaching
5. B.C.Das, Educational Technology
6. S.P.Ruhela, Educational Technology
7. Rao and Ravisankar, Educational Technology

DSE-1B: Inclusive Education

Credits 06

DSE1BT: Inclusive Education

Course Contents

Unit-I: Inclusion in Education

1. Meaning and definition,
2. Principles of Inclusive Education- Access, equity, relevance, participation and empowerment,
3. Changing practices in education of children with disability,
4. Barriers to inclusive education- Attitudinal, Physical, and Instructional

Unit-II: Exceptional Children

1. Exceptional children & their needs: - Definition; types; concept of impairment, disability and handicap;
2. Causes of exceptionality, needs and problems of exceptional children.

Unit-III: Sensory Impairment and Learning Disability

1. Sensory Impairment- Visual & Auditory: definition, causes, characteristics & Education.
2. Learning Disabled- definition, causes, characteristics & Education

Unit-IV: Mentally Retardation

1. Mentally Retardation- definition, causes, characteristics & Education
2. Giftedness- definition, causes, characteristics & Education.

Suggesting Readings:

1. Educating Exceptional Children – S.K. Mangal
2. Perspectives in Disability and Rehabilitation(1995)-Pandey,R.S. and Advani, Lal
3. Critical Issues in Special Education – Ysseldyke, Algozzine, Thurlow

OR

DSE-1B: Guidance and Counseling

Credits 06

DSE1BT: Guidance and Counseling

Course Contents:

Unit - I: Guidance

1. Concept, Nature, Principles, and types— educational, vocational and personal. Individual and Group Guidance.
2. Role of parents, teachers, and counselor in guidance.

Unit- II: Counseling

1. Concept, Nature, Principles, Types — Directive, Non-directive and Eclectic; Individual and Group Counseling,
2. Counseling process, Characteristics of good counseling
3. Differences between guidance, counseling and psychotherapy

Unit-III: Techniques of Collecting Information for Guidance and Counseling

1. Intelligence test, Aptitude test, Interest test, and Personality Test & Interview, CRC, ARC and Case Study

Unit-IV: Adjustment

1. Concept and Definition of Adjustment, Characteristics of good adjustment, common adjustment problems in Childhood and adolescence, Adjustment Mechanism.

Suggested Readings:

1. Crow, L.D.I., Crow, A — An Introduction to Guidance.
2. Bhatia, K.K. — Principles of Guidance and Counselling, Kalyani Publishers,
3. Agarwal, Rashmi — Educational Vocational Guidance and Counselling; Principles, Techniques and Programmes, Shipra Publication,
4. Charles Kiruba & Jyothsna, N.G. — Guidance and Counselling, Neelkamal, Publication Pvt.Ltd.
5. Madhukar, I— Guidance and Counselling, New Delhi, Authors Press.
6. Mc. Daniel, H.B. — Guidance in the Modern School. New York, Rinechart and Winston.
7. Traxler, A.E. and North, R.D. — Techniques of Guidance, New York,
8. Gururani, G.D — Guidance and Counselling, Educational, Vocational and Career Planning, New Delhi, Akansha Publishing House.

OR

DSE-1B: Project work

Credits 06

Skill Enhancement Course (SEC)

SEC-1: Measurement and Evaluation in Education

Credits 02

SEC1T: Measurement and Evaluation in Education

Course Contents:

Unit –I:

- Concept of Measurement and Evaluation.
- Difference between Measurement and Evaluation.
- Needs of Evaluation in Education.

Unit –II:

- Different tools and techniques of Evaluation.
- Teacher Made test and Standardized test.
- Achievement tests and Psychological tests
- Cumulative Record Card.

Unit –III:

- Reliability: Meaning and Method of Determining Reliability by Tests- Retest Method.
- Validity: Meaning and Method of Determining Content Validity.

Unit –IV:

- Tabulation of Educational Data.
- Measurement of Central Tendency: Mean, Median, Mode (Computation and their uses).
- Measures of Dispersion: Range; Quartile Deviation; Standard Deviation. (Computation and their uses)

Unit –V:

- Concept of Correlation.
- Rank Difference method and Product moment method for Computation of correlation, Co-efficient.
- Interpretation of results.

Suggested Readings:

1. Agarwal. J.C. Essentials of Examination System: Evaluation Tests & Measurement. Vikas Publishing House New Delhi
2. Cronbach, L.J. Essentials of Psychological Testing, New York, Harper and Brothers,
3. Garrett. H.E. Statistics in Psychology and Education, Eastern Book House, Shantipur Guwahati

OR

SEC-1: Value Education

Credits 02

SEC1T: Value Education

Course Contents:

Unit –I:

- Value in Education: Meaning and Concept
- Needs of Value Education

Unit –II:

- Morality: Meaning & Concept.
- Morality and Values in Education.
- Role of Parents to Facilitate Children’s Moral Development

Unit –III:

- Social Values.
- Values in Classroom.
- Inculcation of Values among the students

Unit –IV:

- Peace Education: Meanings and Aims.
- Values in Peace Education.
- Values and Human Rights Education

Suggested Readings:

1. The moral child – Damon, W. New York: The free press.
2. Values in Education and Education in value – Halstead, J.Mark. London.
3. The Psychology of moral Development – Kohlberg. New York.
4. Values Education – Bagchi, J.P: University Book House (P) Ltd.
5. Human Rights – a source book – Dev, Arjun et. al. NCERT, New Delhi.
6. Human Development Report – 2002, UNDP – New York and Oxford.

SEC-2 : Educational Guidance and Counseling

Credits 02

SEC2T : Educational Guidance and Counseling

Course Contents:

Unit –I:

- Educational Guidance: Meaning, Definition, Scope.
- Needs and Importance of Guidance.
- Essentials of good Guidance programme.

Unit –II:

- Different forms of Guidance.
- Educational and Vocational Guidance.
- Organization of Guidance service at different levels of education.
- Tools and techniques of Guidance.

Unit –III:

- Counseling: meaning, nature, scope.
- Types of counseling.
- Tools and techniques of Counseling.

Unit –IV:

- Difference between Guidance and Counseling.
- Counseling process-relationships & its characteristics.
- Role of parent, teacher & counselor in guidance programme.

Suggested Readings:

1. Basu, N.C. Educational and Vocational Guidance.
2. Chauhan, S.S. – Principles and Techniques of Guidance.
3. NCERT- Guidance and Counseling.

OR

SEC-2: Computer Application in Education

Credits 02

SEC2T: Computer Application in Education

Course Contents:**Unit I:****MS office:**

- MS Word • MS Power Point • MS Excel

Unit II:

- Concepts of information and communication technology; Universal access VS Digital Divide - issues and initiatives;
- Challenges of Integration of ICT in School; Aims and objectives of National Policy on Information and Communication Technology (ICT) in School Education in India.

Unit III:

- Components and Objectives of National Mission on Education, through ICT (NMEICT), Spoken Tutorials Gyan Darshan, Gyanvani, Sakshat Portal, e Gyan Kosh; Virtual laboratory and Haptic technology

Unit IV:**Internet**

- Introduction to Internet • E-mail, Search Engines, Info-Savvy Skills; Digital Age Skills, safe surfing mode

Unit V: Educational Resources

- Internet resources for different disciplines like natural sciences, social sciences, Humanities and Mathematics.
- General Introduction to E-learning, Mobile-learning, distance learning, On-line learning,
- Virtual University, Wikipedia, Massive Open Online Courses (MOOCs);

- Social networking

Unit VI: ICT Integrated Education

- On line Admissions
- Digital Lesson Designing
- Evaluation Rubrics
- E-Portfolios of Learners
- Time-Space-Personnel Management
- Learning Resources Management
- Web Based Instruction
- Office Automation
- E-guidance & counseling
- E-modules
- E-learning Resources

SEC-3: Yoga Education

Credits 02

SEC3T : Yoga Education

Course Contents:

Unit –I:

- Basis of Yoga Meaning and Concept.
- Patanjala Yogasutra.
- Hathayoga Pradipika.

Unit –II:

- Concept of Yoga.
- Streams of Yoga.
- Raja Yoga: Eight Fold Path.
- Anand Mimamsa.

Unit –III:

- Theories of Yoga Practices.
- Asana.
- Pranayama.
- Kriyas.
- Dhyana.

Unit –IV:

- Practical Eight Step Method: Single Group and Double Group Practice.
- Asana.
- Pranayama.
- Relaxation Techniques

Suggested Readings:

1. Gore, M.M. –Anatomy and Physiology of Yogic Practices; New Age Books, New Delhi,
2. Coulter.H.David- Anatomy of Hathayoga; MLBD, New Delhi,
3. Gharote, Manmath M. and Others- Application in Yoga; Lonavla,

4. Saraswati, Swami Satyananda- Asana Pranayama & Mudra Bandha; Bihar School of Yoga, Munger,
5. Tiwari, O.P.- Asana Why and How?; Kaivalyadhama, Lonavla
6. Iyengar, B.K.S. Astadal Yoga Mala, (Vol. I-VIII); Allied Publishers Pvt. Ltd., Lucknow,

OR

SEC-3: Distance Education

Credits 02

SEC3T: Distance Education

Course Contents:

Unit –I:

- Distance Education; Significance, Meaning and Characteristics.
- Growth and Development of Distance Education.

Unit –II:

- Designing and preparing self-learning materials in Distance Education.
- ICT and their applications in Distance Education

Unit –III:

- Self – support service in Distance Education.
- Technical and vocational Programmes through Distance Education.

Unit –IV:

- Quality assurance in Distance Education.
- Maintaining of standards in Distance Education.
- Role of Distance Education Council.

Suggested Readings:

1. Distance Education: Principles, Potentialities and Perspectives – A.Goel & S.Goel.
2. Distance Education: In the 21st Century – A.Goel & S.L.Goel.
3. Distance Education-V.K.Rao
4. Distance Education in Different Countries- D.B.Rao
5. Handbook of Distance Education – M.G.Moore.
6. International Handbook of Distance Education – T.Evans, M.Haughery & D.Murphy.
7. Distance Learning Concepts and Principles – Madhulika Sharma.
8. Distance Learning Technologies: Issues, Trends and Opportunities – Linda Lau.

SEC-4 : Education of Children with Special Needs

Credits 02

SEC4T : Education of Children with Special Needs

Course Contents:

Unit –I:



- Education of Children with:
 1. Visual Impairment: identification, intervention, education and prevention.
 2. Hearing Impairment: identification, intervention, education and prevention.

Unit –II:

- Education of Children with: Speech and Language Disorders: identification, intervention, education and prevention.

Unit –III:

- Education of Children with: Physically Handicraft: identification, intervention, education and prevention.

Unit –IV:

- Education of Children with: Learning Disabilities: identification, intervention, education and prevention.

Suggested Readings:

1. Bantwal, A., Nandukar, A. & R. Jalvi. Fundamentals of Hearing Impairment and Audiological management. RCI Manual, [DSE (HI)]. New Delhi: Kanishka Publishers, Distributors.
2. Biswas, P.C. Education of Children with Visual Impairment in Inclusive School. New Delhi: Abhijeet Publications.
3. Gulliford, R. & G. Upton (ed.) Special Educational Needs. London: Rutledge.
4. Haring, N.G. & R.L. Schiefelbusch (des). Teaching Special Children. New York: MCGraw-Hills Book Co.
5. Jalvi, P., Nandukar, A. & A. Bantwal. Introduction to hearing Impairment. RCI Manual, (DSE (HI)]. New Delhi: Kanishka publishers, Distributors.
6. Mani, M.N.G. Techniques of Teaching Blind Children. Sterling Publishers Pvt. Ltd.
7. Sharma, Prem Lata. A Teacher's Handbook on IED – Helping Children with Special Needs. New Delhi: NCERT.

OR

SEC-4: Mental Health Education

Credits 02

SEC4T: Mental Health Education

Course Contents:

Unit-I: Mental Health:

1. Concept and Importance of Mental Health,
2. Characteristics of Mentally Healthy Individual,
3. Factors Affecting Mental Health,
4. Educational Implications of Mental Health.

Unit-II: Mental Hygiene:

1. Definition, Meaning and Aims of Mental Hygiene;
2. Origin and Development of Mental Hygiene Movement.

Unit-III: Adjustment

1. Definition and meaning of Adjustment

2. Criteria of Good Adjustment
3. Defense Mechanism – Definition, meaning and different methods of Defense Mechanism

Unit-IV: Maladjustment

1. Meaning of Maladjustment
2. Causes of Maladjustment
3. Role of education

Suggested Readings:

1. Coleman, J.C. :Abnormal Psychology and Modern Life, D.B. Taraporevala Sonsand Co., Bombay.
2. Hadfield, J.A. :Psychology and Mental Health,
3. Hall, C.S. &Lindzey, G., Theories of Personality, Wiley Publications, New York.

Generic Electives (GE) [Interdisciplinary for other department]

GE-1 : Mental Health and Hygiene

Credits 06

GE1T : Mental Health and Hygiene

Course Contents:

Unit –I:

- Mental Hygiene: Meaning and Concept.
- Mental Health: Meaning and Concept.
- Characteristics of Mental Health.
- Education and Mental Health & Hygiene.

Unit –II:

- Adjustment: Concepts, Need, and Areas of Adjustment.
- Mechanism of Adjustment.
- Role of Family and School in effective Adjustment.

Unit –III:

- Maladjustment: Meaning and Definition.
- Causes of Maladjustment.
- Different forms of Maladjustment.
- Role of Family and School in remedial measures.

Suggested Readings:

1. Carson, R.C. & Butcher, J.N.-Abnormal Psychology and Modern Life.
2. Coleman, J.C. – Psychology and Effective Behavior.
3. Chauhan, S.S. – Mental Hygiene – A Science of Adjustment.

OR

GE-1: Current issues in Indian Education

Credits 06

GE1T: Current issues in Indian Education

Course Contents:

Unit –I:

- Development of Education since 1947
- Primary Education.
- Secondary Education.
- Higher Education.
- Technical and Vocational Education.

Unit –II:

- Equalization of educational opportunity.
- Education for the Backward Classes.
- Development and Problems of Women Education.

Unit –III:

- Development of Non-formal Education in India.
- Adult and Continuing Education.
- Sarbo Siksha Abhijan / Mission.

Unit –IV:

- Functions of following Educational Organizations.
- CABE, UGC, NCERT, SECRT, and DIET.

Suggested Readings:

1. Mukherjee, S.N. - Education in India, Today and Tomorrow, Boroda Acharya Book Depot.
2. Nurullah, S. and Naik, J.P. – History of Education in India; Macmillan Co.,
3. Banerjee, J.P. – Education in India, Past, Present and Future.
4. Mukhopadhyay, M. Parhar Madhu (Ed.) – Educaion in India, Dynamics and Development, Shipra.
5. Agarwal, J.C. – Recent Developments and Trends in Education (with special reference to India), Shipra.
6. Agarwal, J.C. – Modern Indian Education, Shipra.

GE-2: Environmental Education

Credits 06

GE2T: Environmental Education

Course Contents:

Unit-I: Environmental Education

1. Environmental Education: Concept, Characteristics, Components and Scope
2. Historical Background of Environmental Education

Unit-II: Education of Environmental Concepts

1. Concept of Environment and Ecosystem



2. Disasters: Natural and Man Made

Unit III: Environmental Education and Social Issues

1. Education for Sustainable development: From Unsustainable to Sustainable development.
2. Education of Urban Environment: Problems related to energy and water

Unit-IV- Approaches and Methods of Environmental Education

Approaches to Environmental Education: Interdisciplinary and Multidisciplinary Methods: Discussion, Seminar, And Workshop, Problem solving and Field survey.

Suggested Readings:

1. Environmental Analysis of Water, Soil, Air by Saxena.
2. Environmental Pollution and Bhopal Killing.
3. Environmental Pollution of Cadmium by Rohatgi.
4. Our Planet Our Health – WHO, Oxford Publications, 1992.
5. Perspectives on Environment by I. R. Manners, M.W.M. Micksell
6. Soil and water Conservation Engineering by Schwab, S. D., Frevert, R. K., Edminster, T.
7. W. and Earns K. K. John Wiley and Sons.
8. Water Pollution and Management by C. F. Vershney.

OR

GE-2: Introduction to Distance Education

Credits 06

GE2T: Introduction to Distance Education

Course Contents:

Unit- I: Philosophy and Growth of Distance Education

1. Philosophical foundation of Distance Education: Concept, Features, Objectives and Scope.
2. Growth and present status of Distance Education at National and International Level

Unit- II: Designing and Development of Self-Learning Print Materials

1. The Process of Designing and Development of Self-Learning Print Material.
2. Preparation of Print Material: Application of relevant technologies
3. Factors affecting Design of Print Materials

Unit-III: Mechanism for Learner Support Services

1. Learner Support Services: What, Why and How?
2. Institutional Arrangements for Learner Support: Counseling and Tutoring Services, Practice and Media of Counseling, Face-to-Face Sessions, Interaction through Assignments.

Unit-IV: Communication Media for Distance Education

1. Issues and Application of Communication Technology in Distance Education.
2. Media in Distance Education: Radio, Television, Audio video production, Satellite Technology, and Computer and Internet as an Educational Media.

Suggested Readings:

1. Chib, S.S. Distance Education. Chandigarh: Chadda Publication.
2. IGNOU Growth and Philosophy of Distance Education. (Block 1, 2 &3). IGNOU, New Delhi.
3. Joshi P.K. Modern Distance Education. New Delhi: Anmol Publications.
4. Kaye, & Rumble (Ed) Distance Teaching for Higher and Adult Education, London: Croom Helm.
5. Keegan, D. Foundations of Distance Education, London: Routledge.

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