

New Syllabus as per NEP-2020 for 4 years Major and
3 years MDC Programme of University of Calcutta

Guidance and Counselling

University of Calcutta

3rd Semester: Major: DSC/Core/CC-3 and MDC/CC-1/CC-2
5th Semester: Minor: M-1/M-2 and MDC/M-3

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SYLLABUS

UNIVERSITY OF CALCUTTA

3rd Semester: Major: DSC/Core/CC-3 and MDC/CC-1/CC-2
5th Semester: Minor: M-1/M-2 and MDC/M-3

GUIDANCE AND COUNSELLING

Unit-1: *Guidance: Meaning, Functions, Need*

- Guidance: Meaning, Definitions and Functions
- Individual and Group Guidance: Meaning, advantages and disadvantages
- Need for guidance in secondary schools and requisites of a good school guidance programme.

Unit-2: *Guidance: Educational, Vocational, Personal*

- Educational Guidance: Meaning, Function at different stages of Education
- Vocational Guidance: Meaning, Function at different stages of Education
- Personal Guidance: Meaning, Importance for the Adolescents

Unit-3: *Counselling: Meaning, Techniques, Types*

- Counselling: Meaning, importance and Scope
- Techniques of Counselling: Directive, Non-Directive, Eclectic
- Individual and Group Counselling: Meaning, Importance

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